

11/26/23**Gauteng Classic and Equipped Bench Press Championships 2023-24**

Classic Women	Name	Team	Bwt - kg	IPF Wt CIs	Birth Year	BP-1	BP-2	BP-3	Best BP	Best lifters	IPF GL Points	Place	Qualified for SA
Open	Alexandra Mundell	PP	57,00	57	1999	72,5	75,0	-80,0	75,0	Best Open	66,70	1	Q
	Luca du Toit		56,40	57	2000	45,0	47,5	-50,0	47,5		42,57	2	Q
	Laura Brewer	1610	65,90	69	1988	75,0	77,5	-80,0	77,5		63,15	1	Q
	Shoneez Fischer		83,45	84	1998	70,0	77,5	80,0	80,0		59,78	1	Q
	V'Leen Serge	Bull	78,15	84	1986	60,0	65,0	70,0	70,0		53,28	2	Q
	Lize-Mari de Beer		82,30	84	2000	57,5	-62,5	-62,5	57,5		43,12	3	
Master 1	Janine Vaughan	1610	82,45	84	1975	32,5	35,0	37,5	37,5	Best Master 1	28,11	1	
Master 2	Gail Mathewson	PP	75,40	76	1969	62,5	65,0	-67,5	65,0	Best Master 2	50,06	1	Q
Master 3	Heather Leighton	1610	69,60	76	1964	37,5	42,5	-45,0	42,5	Best Master 3	33,76	1	Q
	Linda Rubin	Bull	75,30	76	1964	30,0	35,0	40,0	40,0		30,82	2	Q
	Sandy van der Wel		76,60	84	1963	37,5	-42,5	-42,5	37,5		28,73	1	Q

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Subjunior	Daniel Sowray		58,85	59	2006	90,0	100,0	-110,0	100,0		60,43	1	Q
	Ditshego Mahloele		59,05	66	2005	75,0	85,0	90,0	90,0		54,28	1	Q
	Alex Maritz		64,40	66	2007	70,0	77,5	-85,0	77,5		44,55	2	Q
	Themba Mphela		62,80	66	2008	-70,0	70,0	-72,5	70,0		40,80	3	
	Alex Collocott		68,60	74	2008	85,0	92,5	-97,5	92,5		51,38	1	Q
	Ruan Algera		75,00	83	2006	80,0	-90,0	-90,0	80,0		42,36	1	
	Jhanco Viljoen		86,35	93	2006	110,0	120,0	130,0	130,0	Best Subjunior	64,00	1	Q
Open	Ruben van der Linde		72,50	74	1998	110,0	120,0	-130,0	120,0		64,70	1	Q
	Chad Govington		76,90	83	1985	147,5	157,5	-162,5	157,5		82,31	1	Q
	Daniel Duke		103,30	105	2000	180,0	190,0	195,0	195,0		87,98	1	Q
	Edlyn Serge		103,35	105	1984	140,0	155,0	-165,0	155,0		69,92	2	Q
	Leon Mwandiringa		105,20	120	1993	-175,0	175,0	-180,0	175,0		78,29	1	Q
	Haroun Pietersen		119,40	120	1987	160,0	170,0	175,0	175,0		73,99	2	Q
	Stefan Schroder		148,00	120+	1992	220,0	227,5	232,5	232,5	Best Open	90,23	1	Q
	Jared Leask		184,00	120+	1991	180,0	200,0	215,0	215,0		77,63	2	Q
	John Crain		127,00	120+	1969	160,0	0,0		160,0		65,91	3	Q
Master 1	Gavin Harris		57,90	59	1976	62,5	67,5	70,0	70,0		42,68	1	Q
	Steven Coleman	1610	72,50	74	1979	115,0	120,0	125,0	125,0	Best Master 1	67,39	1	Q
	Werner Koekemoer		188,00	120+	1976	157,5	-162,5	-162,5	157,5		56,52	1	Q
	David Kerr		150,00	120+	1975	150,0	-160,0	-165,0	150,0		57,93	2	Q
Master 2	Glen van der Linde		72,15	74	1971	105,0	110,0	120,0	120,0		64,87	1	Q
	Yaniv Lacob		73,40	74	1974	100,0	110,0	-120,0	110,0		58,92	2	Q
	Johnny Dam		92,60	93	1969	140,0	0,0		140,0		66,56	1	Q
	Jerry Botha	1610	96,00	105	1974	145,0	155,0	-157,5	155,0	Best Master 2	72,41	1	Q
	Hermanus de Beer		114,20	120	1970	120,0	130,0	140,0	140,0		60,35	1	Q
	John Crain		127,00	120+	1969	160,0	0,0		160,0		65,91	1	Q
Master 3	Eric Kobal		91,60	93	1958	90,0	-97,5	97,5	97,5	Best Master 3	46,60	1	Q

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Special Olympics	Name	Team	Bwt - kg	IPF Wt CIs	Birth Year	BP-1	BP-2	BP-3	Best BP	Best lifters	IPF GL Points	Place	Qualified for SA
	Bryce Sillitoe	1610	139,00	120+	2001	90,0	97,5	-102,5	97,5	Best SO	38,74	1	Q

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Equipped Women	Name	Team	Bwt - kg	IPF Wt CIs	Birth Year	BP-1	BP-2	BP-3	Best BP	Best lifters	IPF GL Points	Place	Qualified for SA
Open	Luca du Toit		56,35	57	2000	55,0	60,0	-65,0	60,0		39,06	1	Q
	Megan Leighton	1610	62,00	63	1996	50,0	60,0	-70,0	60,0		36,58	1	Q
	Lize-Mari de Beer		83,25	84	2000	50,0	55,0	-62,5	55,0		28,82	1	
	Jacqui Rees	1610	92,55	84+	1980	115,0	-122,5	-122,5	115,0	Best Open	58,00	1	Q
Master 1	Jodi Poxon	1610	78,65	84	1975	82,5	-85,0	-85,0	82,5		44,26	1	Q
	Jacqui Rees	1610	92,55	84+	1980	115,0	-122,5	-122,5	115,0	Best Master 1	58,00	1	Q
Master 3	Heather Leighton	1610	70,15	76	1964	37,5	-67,5	-67,5	37,5	Best Master 3	21,27	1	Q

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Open	Haroun Pietersen	SoS	119,30	120	1987	195,0	-207,5	-207,5	195,0	Best Open	57,48	1	Q
Master 2	Johnny Dam		92,75	93	1969	150,0	160,0	0,0	160,0	Best Master 2	53,01	1	Q
	Hermanus de Beer		114,15	120	1970	155,0	160,0	170,0	170,0		50,94	1	Q